

SCHEDULE OF EVENTS WINTER/SPRING 2017

JAN. 21ST – WOMEN'S SELF DEFENSE WORKSHOP – 10A-1P (\$20/PERSON)

FEB. 7TH-11TH – SPRING NATIONALS – LAS VEGAS, NV

FEB. 23RD & 24TH – TKD TESTING – TIMES TBA

FEB. 25TH – CLASS C TOURNAMENT (IDAHO FALLS)

MAR. 11TH – EDGED WEAPONS DEFENSE – 10A-1P (\$65)

MAR. 18TH – SPARRING CLINIC (POCATELLO) – 11A-1P (FREE)

APRIL 7 & 8 – HELENA, MT REGIONAL TOURNAMENT

SPECIAL COURSE A

FIGHT INTRO – LEVEL 2+ KRAV STUDENTS ONLY

(FREE)

JAN. 23RD – FEB. 20TH

WOMEN'S SELF DEFENSE – OPEN TO ALL
(MEMBERS – FREE) (NON-MEMBERS - \$50)

FEB. 27TH – MAR. 27TH

GROUND FIGHTING I – OPEN TO ALL
(MEMBERS – FREE) (NON-MEMBERS - \$50)

APRIL 3RD – MAY 8TH

PERSONAL SAFETY SKILLS – OPEN TO ALL
(MEMBERS – FREE) (NON-MEMBERS - \$50)

MAY 15TH – JUNE 19TH

SPECIAL COURSE B

FIT TEST PREP – ANY STUDENT (FREE)

JAN. 18TH – FEB. 22ND

APRIL 5TH – MAY 3RD

FOCUS MITT COMBOS – ANY STUDENT (FREE)

MAR. 1ST – MAR. 29TH

BAG WORK – ANY STUDENT (FREE)

MAY 10TH – JUNE 7TH

TO RECEIVE TEXT UPDATES TEXT ANY OF THE FOLLOWING TO THE NUMBER 88588:

ATA - ALL UPDATES
JR - JUNIOR UPDATES
TIGER - TIGER UPDATES
KM - KRAV MAGA UPDATES
TKD - ADULT TKD

FEEL FREE TO E-MAIL US AT ATAMARTIALARTS@CABLEONE.NET

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